



Corporate Events

Making food a workplace experience





Welcome!

At The Fruit People, we believe exceptional food enhances workplaces and well-being.

Our menu is thoughtfully designed to delight your taste buds and elevate your office dining experience. With a focus on quality and variety, every dish is crafted to bring joy to your workplace.

Get to Know the Team Behind Your Menu Choices



Barry Dennis



Amy Blake



Anderson

Order with us



Reach out to us at

[\(01\) 534 5821](tel:015345821)



Discuss your catering needs

info@thefruitpeople.ie

Important Information

Please note:

All dishes are prepared in a kitchen that handles nuts and shellfish. The Food Safety Authority of Ireland (FSAI) advises customers with peanut allergies or suspected allergies to avoid products containing mustard as an allergen.

If you have any **specific dietary concerns or questions**, **please contact us at info@thefruitpeople.ie** or speak to a member of our team.

Pricing and delivery

All pricing given is ex VAT, and does not include delivery or service fee. Delivery fee is €27, and service fee will depend on event size; please ask for more details.

Serving groups of 25+ in central dublin and 50+ in surrounding areas.

Minimum people per dish –
20 for meat & 10 for vegetarian

Cut off time for final changes, final numbers – 48h prior to the event



Breakfast Options



Hot Breakfast Items

Brioche Breakfast Bun

Fried Egg, Bacon, Black Pudding

Contains: wheat, egg, milk, sulphur dioxide, mustard

Avocado, Sweet Potato, Roast Red Pepper Wrap

Contains: wheat, sulphites

€10.80 each

Pastries

Croissant

Pain au Chocolat

Raisin Danish

Allergens: wheat, egg, milk, nut (hazelnut)

Apple Pastry Swirl

Contains: egg, milk, may contain sesame seed or soybean

Vegan Raspberry Croissant

Contains: wheat, gluten

Three for €12.75 or four for €15.20

Fruits, Yogurts & Oat Pots

Fruit Pots

Pineapple, Melon, Watermelon, Blueberry, Strawberry

Biscoff Overnight Oat Pots

Contains: oats, soy, milk, wheat, nuts (hazelnuts, almond), sesame, gluten

Raspberry Overnight Oat Pots

Contains: oats, soy, milk, wheat, nuts (hazelnuts, almond), sesame, gluten

Yogurt Pot

Greek Yogurt, Blueberry Compote, Granola

Contains: milk, nuts (hazelnut and almond)

Three for €12.75 or four for €15.20



Add on to base breakfast

Pork Shoulder Sausage Roll

Contains: wheat, egg, sulphur dioxide

Fresh Fruit Skewers

Pineapple, Melon, Kiwi, Mixed Berries

Smashed Avocado, Gluten Free Toast

Contains: halal, sulphites

Green Tea Matcha And Cacao Protein ball

Pistachio, Matcha Tea, Walnut, Almond, Maple, Coconut, Date, Cacao

Contains: tree nuts, nuts (walnut, almond, pistachio)

All the protein ball, have been produced in a environment containing, wheat, gluten, tree nuts, dairy, eggs, soya, sesame and sulphites

€5.10 each

Bacon and Cheese Croissants

Streak bacon, cheddar, ballymaloe relish

Contains: wheat, sulphur dioxide, milk, egg

Brie and Caramelised Onion Croissant

Contains: wheat, milk, egg, sulphur dioxide

Tortilla de Patata

Eggs, Onions and Potatoes slowly cooked in olive oil

Contains: egg, sulphur dioxide

Veggie Breakfast Frittata

Cherry tomato, onion, cheddar, egg, spinach, mushroom

Contains: egg, milk

€6.40 each

Smoked Salmon Bagel

Smoked salmon, dill and lemon cream cheese

Contains: wheat, milk, fish, sesame

Bacon and Cream Cheese Bagel

Streaky bacon, cream cheese

Contains: sulphur dioxide, milk, wheat, sesame

Smashed Avocado and Roast Red Pepper Bagel

Contains: gluten, soybean, sesame, sulphites

Breakfast Quiche

Sausage, black pudding, bacon lardon, egg, cheese

Contains: wheat, egg, sulphites, milk

€7 each

Fresh Smoothies

Strawberry

Contains: milk

Raspberry and Banana coconut

Contains: soy

Fresh Juices

Pressed Apple Juice, Squeezed Orange Juice

€5.10 each

Lunch Options

Sandwiches

Gluten Free Bread Options Avail

The AZTEC

Crispy bacon, smoky chorizo, jalapenos, crispy onions, smothered in our chipotle aioli & topped with loads of freshly grated mozzarella on sourdough.

Contains: wheat, milk, eggs

Slow Cooked Pork Carnitas, Jalapeno Mayo, House Chilli Cheese, Pickled Red Onion

Contains: gluten, wheat, sulphites, gluten, mustard, egg, milk

Chipotle Chicken & Chorizo

Slices of Smoky Chipotle Chicken breast, spicy chorizo, zesty avocado mayo, roasted plum tomatoes & peppery rocket on fresh sourdough.

Contains: gluten, wheat, eggs

The Stuffed Chicken

Roast Chicken, Homemade Sage Stuffing, Crispy Onions and Sage Mayo on Sourdough.

Contains: gluten, wheat, rye, milk, eggs, soy

The Vegan

Sweet potato, green lentils & spinach masala, pickled beetroot, shredded carrot, crispy onions & mint aioli on sourdough bread.

Contains: gluten, wheat, sulphites

3 Cheese & Maple Ham

GV hand carved Maple Glazed Ham, Smoked Applewood, mozzarella & mature red cheddar, crispy onions, with homemade mustard mayo on sourdough.

Contains: gluten, wheat, eggs, milk, mustard



Special Wrap

Changes Monthly

Slow Braised Beef Brisket, Wasabi Mayo, Ginger Lime Slaw, Wrap

Contains: gluten, wheat, egg, mustard, sulphur dioxide, soy, sesame

Plain Fillings

Egg Mayo

Contains: egg, mustard, sulphur dioxide, wheat

Chicken & Stuffing

Contains: egg, mustard, sulphur dioxide, wheat

Ham & Cheddar

Contains: wheat, dairy, butter

€9 per sandwich or wrap

Salads

Charred Sweet Corn Tabbouleh 🌱 🌱

Cracked Wheat, Charred Corn, Red Onion, Roast Red Pepper, Black Bean, Jalapeno, Smoky Chipotle Dressing

Contains: wheat, gluten

Greek Salad, Tomato, Red Onion, Cucumber, Kalamata Olive, Feta 🌱

Contains: egg, milk, sulphites, sheep cheese (feta)

Farfalle Pasta, Basil Pesto, Sun Dried Tomatoes, Kalamata Olive 🌱

Contains: wheat, dairy, nuts (pine nuts)

Cesar salad, Cherry Tomato, Baby Gem, Cesar Dressing 🌱 🌱

Contains: dairy, mustard, sulphite, eggs

Large share salad €38
serves 8-10 pax

Soups

Moroccan Harira 🌱 🌱 🌱 🌱

Tomato, Chilli and Coconut 🌱 🌱 🌱 🌱

Curried Sweet Potato and Red Lentil 🌱 🌱 🌱 🌱

Mushroom and Truffle 🌱 🌱 🌱 🌱

Leek and Potato 🌱 🌱

Contains: milk

€5.70 per serving

Need to be grouped in batches cannot mix



Hot dishes



Chicken Dishes

Thai Green Chicken Curry

Contains: soy, fish, shellfish

Coq au Vin, Smoked Bacon, Mushroom, Baby Onion

Contains: sulphites

Chicken, Leek and Ham Hock Pie

Contains: dairy, egg, milk, wheat, mustard

Chicken, Wild Mushroom, Madeira Sauce

Contains: dairy, sulphites

Chicken, Tarragon, White Wine Cream Sauce

Contains: milk, sulphites, mustard

Slow Roast Chicken Leg, Cacciatore Sauce

Contains: sulphites

Chicken Marbella, White Wine, Olive, Caper, Date

Contains: sulphites

Chicken Tagine, Almond, Prune, Apricot, Chick Pea

Contains: nuts (almond), sulphites

€15 per serving

Beef Dishes

Boeuf Bourguignon, Smoked Bacon, Mushroom

Contains: sulphites

Beef Massaman Curry

Contains: soy, fish, shellfish, nuts (peanut)

Beef Chilli Con Carne

Contains: lupin, sulphites

Irish Beef Cottage Pie, Hegartys Cheddar Mash

Contains: celery, sulphites, milk

Slow Cooked Beef Shin Ragù

Contains: sulphites

Beef and Chorizo in Red Wine

Contains: sulphites, wheat

Beef Stroganoff with Mushroom

Contains: milk, mustard, sulphites

Beef Shin Lasagna

Contains: egg, milk, wheat, sulphites, celery



€15 per serving

Lamb Dishes

Lamb Moussaka

Contains: milk, sulphites, wheat

Lamb and Apricot Tagine 🌾

Contains: sulphites

Lamb Kofta, Tomato Sauce, Chermoula

Contains: gluten, sulphites

Lamb Saag, Spinach, Ginger 🌾

Contains: milk, sulphites

€15 per serving



Hot Vegetarian Dishes

Lentil Cottage Pie with Sweet Potato Mash 🌾 🥛 🌱 🍃

Contains: celery

Grilled Vegetable Paella 🌾 🥛 🌱 🍃

Wild Mushroom Ragout and Butternut Squash Lasagna 🌱

Contains: wheat, milk, egg, sulphites

Veggie Lasagna 🌱

Contains: wheat, milk, egg, sulphites

Thai Vegetable Curry 🌾 🌱

Contains: soy, fish, shellfish

Butternut Squash Tagine 🌾 🥛 🌱 🍃

Contains: sulphites

Wild Mushroom Stroganoff 🌱

Contains: milk, mustard, sulphites

Aubergine Moussaka 🌱

Contains: milk, sulphites, wheat

€14.95 per serving

Sides

choose an option

Basmati Rice 🌾 🌱 🍃

**Roast Baby Potatoes, Rosemary,
Garlic, Olive Oil** 🌾 🥛 🌱 🍃

Mash Potato 🥛

Contains: dairy

Herb Couscous 🥛 🌱 🍃

Contains: wheat

Cajun Potato Wedges 🌾 🌱 🍃

Contains: gluten

Evening Grazing

Cheese Board

Compte, Goats Cheese, Pont l'eVeque, Cashel Blue,
Crackers and Chutney

Contains: wheat, milk, egg, sulphur dioxide

Charcuterie Board

Bresaola, Chorizo, Serrano Ham, Pistacchio Mortadella,
Pesto, Tapanade, Figs, Pickles, Garlic Croutons

Contains: wheat, sulphur dioxide, nut

Vegan Antipasti Board 🍃

Grilled Provencal Vegetables, Baby Artichokes, Slow
Roast Tomato, Pickled Mushrooms, Croutons, Hummus,
Tapenade, Olives

Contains: wheat, sulphur dioxide



€108 per board
serves 12-15 pax

Canapes



Mexican Salmon Tostada 🌾 🥚

Hot smoked Salmon, Crispy onion, Avocado Cream, Chipotle Mayonnaise, Corn Tortilla

Contains: egg, sulphur dioxide, mustard

Korean Fried Chicken Slider

Korean Fried Chicken, Red Slaw, Gochujang Mayo

Contains: wheat, milk, egg, sulphur dioxide, mustard

Wild Mushroom Nori 🌾 🥚 🌿 🍃

Pickled Ginger, Wasabi, Shiso Cress

Contains: sulphites

Crispy Southern Fried Pork Belly, Spiced Crumb, Harrisa Mayo

Contains: wheat, egg, mustard, sulphites

Butternut Squash Tartlet, Romeso, Burrata 🌾

Contains: dairy, nuts (almond), sulphites

Smoked Salmon, Dill Cream Cheese, Soda Bread

Contains: dairy, wheat, fish (salmon)

Smoked Chicken Tartlet, Apple, Celery, Walnut 🌾 🌿

Contains: dairy, nuts (walnut), sulphites, egg, mustard, celery

BBQ Jackfruit Slider, Guacamole, Pepper Relish, Vegan Brioche Bun 🌾 🌿 🍃

Contains: wheat, gluten, sulphites

Cornflake Chicken Tenders

Chicken Tenders, Sriracha Mayo

Contains: egg, wheat, milk, mustard, sulphites

Saffron & Aged Parmesan Arancini, Lemon Aioli 🌾

Contains: wheat, egg, dairy, gluten, sulphites

Three for **€15.90**

Four for **€19.00**

Five for **€22.80**

Please note, samples and others in rotation, so ask for details.

Sweets

Vegan Raspberry and Cashew Brownie

Contains: nuts (cashew, almond)

Lemon Curd Tartlet, Ganache Montee

Contains: wheat, milk, egg

Biscoff Millionaire Squares

Contains: milk, wheat, egg, soy

Dark Chocolate Brownie

Contains: egg, milk

Bakewell Slice

Contains: milk, wheat, egg, nut (almond)



€5.10 each

Special Occasion Sweets

€6.30 each

Cake Pops avail to theme seasonal events (Min Orders)



Monthly workplace celebration ideas

For every 2025 event
on the calendar





APRIL

Easter Treats

Rabbit Shaped Cookies, Vanilla Icing and Raspberry Sprinkles 🌱

Contains: wheat, milk

Red Velvet Cupcake, Cream Cheese and Red Chocolate Frosting, Easter Sprinkles 🌱

Contains: wheat, milk, egg

Raspberry and Cashew Brownie 🌱 🌱 🌱

Contains: nut (cashew), soy

€5.10 each

MAY

Cinco De Mayo

Mexican Build Your Own Nachos

Corn Tortilla Chips 🌱

Guacamole 🌱 🌱 🌱 🌱

Contains: sulphites

Lime and Scallion Sour Cream 🌱 🌱

Contains: milk

Beef Chilli Con Carne 🌱 🌱

Contains: sulphites, lupin

Vegan Black Bean Chilli 🌱 🌱 🌱 🌱

Black Bean, Kidney Bean, Chilli, Garlic, Tomato, Spices and Coriander

Contains: sulphites

Pico de Gallo Salsa 🌱 🌱 🌱 🌱

Tomato, Red Onion, Chilli, Lime and Coriander

Contains: sulphites

Toppings

Cheddar

Contains: milk

Coriander

Pickled Red onion

Sriracha Hot Sauce

€18.50 per person

JUNE

Pride

Vanilla Cupcake
(Pride Multi Colored Frosting Assorted)
Cream Cheese Frosting 

Contains: wheat, milk, egg

€5.10 each



JULY

4th July

Turkey Dog

Lean Turkey Sausage, Chorizo Jam, American Mustard, Crispy Onions

Contains: gluten, mustard, egg, wheat, sulphites

Classic Irish Pork Hot Dog

Jumbo Pork Hot Dog, Ketchup, American Mustard, Crispy Onion

Contains: gluten, mustard, egg, wheat, sulphites

Chilli Dog

Jumbo Pork Sausage, Beef and Chorizo Chilli, Garlic Mayo, Cheddar, Crispy Onion

Contains: gluten, mustard, egg, wheat, sulphites

Sides

Cajun Potato Wedges



Contains: gluten

Crispy Onions

Contains: wheat

N'Duja Cooked Onions

Contains: sulphites

Ruby Coleslaw



Contains: egg, mustard, sulphur dioxide

Ketchup, Mustard and Mayo



€21 per person

JULY

Bastille Day

Starters

Pick one

French Onion Soup, Gruyere Crouton

Contains: wheat, milk, sulphites

Salade Nicoise

French Crab Salad

Contains: shellfish, crustacian

Chicken Liver Parfait, Brioche

Contains: egg, wheat, milk, sulphites

Main Course

Example pick two main meat & one vegetarian

Confit Duck Leg, Orange Sauce, Puy Lentil Cassoulet

Contains: sulphites

Daube of Beef, Bourguignon Garnish

Contains: mustard, sulphites

Coq Au Vin

Contains: sulphites

Chicken Fricassee, Mushroom Cream Sauce

Contains: milk, sulphites

French Onion Tart

Contains: gluten, milk, sulphites

Celeriac and Mushroom Pithivier

Contains: celery, wheat, milk, egg, mustard



Slides

Lyonnaise Potatoes

Ratatouille

Glazed Chantenay Carrots

Desserts

Pick two

Apple Tarte Tatin

Contains: gluten, milk, egg

Cherry Clafoutis, Brandy Custard

Contains: gluten, milk, egg, sulphites

Chocolate, Orange and Hazelnut Tart

Contains: wheat, milk, egg

€25.50 per person

Summer BBQ Menu

Main

Grilled Irish Beef Burger, Hegartys Cheddar, Relish, Baby Gem, Brioche Bun

Contains: milk, egg, flour, sulfur dioxide, mustard, celery

Grilled Turkey Sausage Hotdog, Crispy Fried Onions, Wholegrain Mustard Mayo

Contains: mustard, wheat, egg, sulfur dioxide

Smokey BBQ Glazed Grilled Chicken Paillard Burger

Contains: mustard, wheat, sulfur dioxide, celery

Curried Cauliflower and Quinoa Burger

Contains: wheat, fish

Cold Salads

Summer Green Salad, Confit Garlic and Mustard Dressing

Contains: mustard, sulfur dioxide

House Ruby Coleslaw

Contains: egg, mustard, sulfur dioxide

Potato Salad, Capers, Scallions, Dill and Mustard

Contains: egg, mustard, sulfur dioxide

Asian Noodle Salad, Spicy Peanut Dressing

Contains: soy, wheat, egg, nuts, peanuts

Desserts

Available As Add On

Menu Served With

Pickled Gherkins, Red Onion, Beef Tomato, Iceberg Lettuce, Tomato Relish, Garlic Mayo, Margadh Burger Sauce.

Pricing and delivery

All pricing given is ex VAT, and does not include delivery or service fee.

Delivery fee is €27, and service fee will depend on event size; please ask for more details.

Please note that the menu may vary depending on availability.

Cut off time for final changes, final numbers – 48h prior to the event

**Minimum people per dish:
20 for meat & 10 for vegetarian**



€21 per person



 www.thefruitpeople.ie  [@thefruitpeople](https://www.instagram.com/thefruitpeople)

**Thank you for considering
The Fruit People for your
office needs.**